

Responding to School Attendance Problems¹

Dealing with a child's difficulty in attending school can be quite challenging for parents. The statements below are about your confidence, **at this moment**, in dealing with different aspects of a school attendance problem. Please indicate the extent to which you agree or disagree with each statement, using the scale 1 = "totally disagree", 2 = "disagree", 3 = "agree", and 4 = "totally agree". Even if a statement doesn't seem so relevant to your situation, please answer it to the best of your ability. There are no right or wrong answers.

	Totally disagree	Disagree	Agree	Totally agree
	helemaal mee oneens	mee oneens	mee eens	helemaal mee eens
1. If my child finds it hard to attend school, I know what can be done to resolve this problem.	1	2	3	4
2. I am able to keep myself calm on those school mornings when my child finds it hard to attend school.	1	2	3	4
3. If my child finds it hard to attend school, I have a good understanding of the reasons why.	1	2	3	4
4. I am able to follow my plan for dealing with my child's difficulty in attending school, even when family or friends give me different advice.	1	2	3	4
5. I am able to listen to my child in such a way that I understand his/her needs and wishes.	1	2	3	4
6. I understand how 'transitions in the teenage years' can contribute to a young person's difficulty in attending school.	1	2	3	4
7. If my child finds it hard to attend school, I am able to make contact with school staff in order to discuss the problem.	1	2	3	4
8. If my child finds it hard to attend school, I am able to avoid getting into arguments with him/her about school attendance.	1	2	3	4
9. Even if there are other problems in our family, I am still able to deal with my child's difficulty in attending school.	1	2	3	4
10. If my child finds it hard to attend school, I know what to do when he/she is at home during the school day.	1	2	3	4

¹ Full Title: Self-Efficacy Questionnaire for Responding to School Attendance Problems (SEQ-RSAP). Title to Appear on Questionnaire: Responding to School Attendance Problems.

	Totally disagree	Disagree	Agree	Totally agree
	zeer mee oneens	mee oneens	mee eens	zeer mee eens
11. Even if I feel discouraged about my child's difficulty in attending school, I am able to continue with my plans for helping him/her to attend.	1	2	3	4
12. I am able to get my child to do the things I ask him/her to do.	1	2	3	4
13. I am able to provide comfort and support for my child.	1	2	3	4
14. If my child finds it hard to attend school, I am able to work together with him/her to make it easier for him/her to attend.	1	2	3	4
15. Even if my child's difficulty in attending school goes on for weeks or months, I am able to continue with my plans for helping him/her to attend.	1	2	3	4
16. If my child finds it hard to attend school, I am able to do things that will help him/her to attend.	1	2	3	4
17. I know how to respond to setbacks (i.e., renewed difficulty in attending school after a period of regular attendance).	1	2	3	4
18. I am able to talk with my child in such a way that he/she understands what I am saying.	1	2	3	4
19. If my child's attendance at school starts improving, I know how to respond to these positive changes.	1	2	3	4
20. If my child finds it hard to attend school, I am able to work together with school staff to make it easier for him/her to attend.	1	2	3	4
21. If my child finds it hard to attend school, I am able to work together with my partner (or support person) to make it easier for my child to attend.	1	2	3	4
22. I am able to solve problems with my child in a way which avoids a lot of conflict between us.	1	2	3	4
23. I am able to achieve a good balance between taking control of my child's school attendance, and allowing him/her to take responsibility for his/her own behaviour.	1	2	3	4
24. Even if my child shows a lot of resistance to my efforts to help him/her attend school, I am able to continue with my plans for helping him/her to attend.	1	2	3	4
25. I am able to cope with my child being away from me while he/she is at school.	1	2	3	4